

# CANFIELD LADY CARDS UPDATE



August 20, 2014

Volume 1, Edition 4

Welcome to the 2014 edition of the Canfield Lady Cardinals update. In this newsletter you will be able to read a wrap up from the 2013 season, letters from graduating seniors, important dates for next year, and some thoughts about our summer.

## *2013 SEASON WRAP-UP*

Last season was a very successful year for all of our teams. The freshmen team ended the season with a record of 5-7, improving greatly as the season progressed. The junior varsity ladies finished with a record of 12-9, ending their year with 8 consecutive wins. Our varsity team ended the season with a record of 16-9, ending their season at the hands of the eventual state runner-up North Canton Hoover in the district final game. The varsity team ended the regular season with a record of 14-8, finishing third in the AAC with a record of 8-4. The tournament trail began with a 53-45 victory over Austintown Fitch, the AAC league champion and a team that had previously defeated the Cards twice in the regular season. The Lady Cardinals played their most complete game of the season to end the Falcons' season on their home court, handing Fitch their second loss of the season.. The district semifinal game was an unfamiliar foe in Green, who entered the game with a deceiving 14-7 record. In a game that looked like it was over at halftime, the Lady Cardinals trailed 26-10. After climbing back in the game in the third quarter, the Lady Cardinals won a thrilling 41-38 decision in overtime.

The team success that the Cards enjoyed last season allowed several players to earn individual accolades. Rachel Tinkey and Erin Risner earned first team all league honors. Rachel also earned second team All-Northeast Ohio and honorable mention All-State honors, while Erin earned a third team All-Northeast Ohio nod. Erin finished ninth in the state for two point field goal shooting (58.4%), while Rachel finished eighth in the state in 3 point shooting (41.3%). Lynnae Whitehead earned second team all league honors. Other letter winners included Crissy Gelonese, Jamie Giambattista, Ashley Kaleel, Savannah Barko, and Emily Ellis. The 2013-2014 squad made Canfield history by becoming the first team to advance to the district finals in Division I tournament play.



*Pictured to the left are our Eastern Ohio Basketball campers: (Summer 2014)*

## *COACH'S CORNER*

Our returning players were very eager to begin our summer basketball "season." The team participated in three main team events: the Fitch summer league, Malone University shootout, and Eastern Ohio "Huggins" camp. The Fitch summer league gave everyone a chance to gain varsity experience in new roles. At Malone we played four games that included two against regional finalists from the last season. Eastern Ohio camp provided the usual formidable competition where we played 36 fifteen minute games against some of the best teams in Ohio. Our young ladies played the entire summer with great passion and competitiveness which is a great sign for the upcoming season.

*DO YOU ACCEPT THE CHALLENGE?      CRISSY GELONESE #32*

Being a part of the Canfield Basketball Program is more than wearing a jersey and stepping on the court. It is hours of blood, sweat, and tears. It is getting through the highs and lows, overcoming defeat, and cherishing success. It is making friendships and memories that will last a lifetime. I challenge every single one of you to push yourself past your limits to see how far you can go. Bring the juice every day, whether it is in practice or during a game. Challenge yourself to be the girl who takes the ball fearlessly to the hoop or the girl with lockdown defense. I challenge you to be the most positive and selfless player on the team. When things fall apart, be the glue that holds everyone together. Challenge yourself and challenge each other because you are only as strong as your weakest link. Make every second count. You never know when it will be your last time putting on that jersey, lacing up those shoes, and stepping out on the court.

*UPS AND DOWNS      JAMIE GIAMBATTISTA #23*

Hi girls! My name is Jamie Giambattista and I was one of two seniors on this past year's Canfield Girl's Basketball team. Playing for an organization like the Canfield Girl's Basketball Program for the past four years has taught me some key things that I will definitely carry on with me: believing in myself, never giving up, and finally developing the determination to succeed. The 2013-2014 season definitely made me grow more as a person and fully understand those key things previously mentioned. For starters, the media had little confidence that we would have a successful season and always listed us as the underdog. Also, this past season I endured a meniscus tear in my left knee in early December, which resulted in me sitting out nearly half of the season. Of course I was bummed out because it was my senior year, but with the help of my teammates and coaches and family, I was able to make a comeback and return just in time for tournaments. Despite all of the obstacles my team and I have encountered, we proved people wrong by knocking off Fitch and, in the end, being the first Canfield Girl's Basketball team to ever make it to a D1 district final game. Long story short, never give up this year, or any year for that matter. Your success will reflect the amount of effort you put in. Good luck this season girls, make Canfield proud!



*Our young campers posing for their last day camp picture (Summer 2014)*



*Our 7<sup>th</sup> and 8<sup>th</sup> grade Huggins campers merged with Uniontown Lake to form the never before seen "Lakefield" team. (Summer 2014)*



*Our counselors and older middle school players pose on the last day of camp. (Summer 2014)*

## Did you know?

For more information about the Canfield Lady Cardinals, including schedules, statistics, and other information, access Mr. Reel's website through Canfield High School: <http://mrreel.weebly.com/index.html>

### Important Dates

|             |                               |
|-------------|-------------------------------|
| October 31  | First Day of Practice         |
| November 29 | First game @ New Philadelphia |
| December 10 | First league game @ East      |
| March 19-21 | State Tournament              |



*Pictured above are some of the players from the end of summer team picnic. (Summer 2014)*



*Coach Ross demonstrating how not to play the Minute to Win It game "Go the Distance." (Summer 2014)*



*Above: Our players competing in the Minute to Win It games "Ka-Broom" and "Defying Gravity." (Summer 2014)*



*To the left: The game of "Chandelier" requires concentration and a steady hand. (Summer 2014)*

## OPTIONAL SUMMER WORKOUT REPORT

This summer we instituted an ambitious summer program to work on our shooting and ball-handling. Our goals were very high – 10, 000 made shots and 30 hours spent handling the ball from May to the end of July.

### SHOOTING

|                     |        |
|---------------------|--------|
| 1. Erin Risner      | 8, 668 |
| 2. Rachel Tinkey    | 7, 545 |
| 3. Ashley Kaleel    | 5, 134 |
| 4. Alexandra Stanic | 3, 161 |

### BALL\_HANDLING

|                   |           |
|-------------------|-----------|
| 1. Erin Risner    | 24.5 hrs. |
| 2. Rachel Tinkey  | 13.5 hrs. |
| 3. Ashley Kaleel  | 11.9 hrs. |
| 4. Savannah Barko | 11.7 hrs. |

## NEW LEAGUE

For the upcoming season, Canfield girls basketball will be part of Tier One of the AAC conference. League opponents will consist of Austintown Fitch, Boardman, East, Howland, and Youngstown East.

### Did you know?

As of June 2014, Canfield Lady Cardinals basketball is ranked #4 all-time in the state with 713 wins, trailing only Fort Loramie (732), Berlin Hiland (722), and Lima Bath (721).