

CANFIELD LADY CARDS UPDATE



LADY CARDS

August 18, 2018

Volume 1, Edition 8

Welcome to the 2018 edition of the Canfield Lady Cardinals update. This newsletter includes a wrap up from the 2017-2018 season, letters from graduating seniors, important dates for next year, and thoughts about our summer.

COACH'S CORNER

This past summer began with a spirited middle school camp in which our high school players served as coaches for our 61 campers. The varsity team competed in the Stow summer league facing many strong teams from Twinsburg, Stow, Kenston, Green, and Laurel Academy to name just a few. A varsity shootout at Barberton over two days provided the next challenge where we played strong competition in Uniontown Lake, Cuyahoga Falls, Barberton, and Medina before losing to a very good Green team. Canfield ended that shootout with a record of 5—1. Finally, the team ended their competitive summer with the annual trip to Eastern Ohio Basketball Camp. This camp improved our team toughness and allowed us to grow closer as a team. With five seniors graduating from last year's team, it provided several of our inexperienced players with a chance to experience varsity competition and pursue new roles. The ladies who will compose the 2018-2019 Lady Cards met more summer goals and had better attendance than any team in the last ten years.



Left: Our four returning seniors (from left to right) Mia Cayavec, Serena Sammarone, Britney Young, and Gianna Flask (Summer 2018) Bottom Left and Below: Players who volunteered at the St. Vincent DePaul Society serving and preparing food for those less fortunate (Winter 2018).



WHAT LADY CARDS BASKETBALL MEANT TO ME

MCKENNA CAREY #33

Basketball has taught me many life lessons in the eleven years that I played. I learned valuable lessons in perseverance, teamwork and respect. All these lessons have helped me to prepare my next chapter in life and I cannot be more thankful for the opportunity I had. If I did not play basketball, I am not sure if I would be able to pursue and achieve all that I have done over the past four years. I could not be prouder to have been a part of a program with such high standards because I learned to never settle for anything short of greatness.

McKenna will be continuing her academic career at Ohio Dominican University.

WHAT LADY CARDS BASKETBALL MEANT TO ME ASHLEY VENEROSO #23

Basketball has taught me many valuable life lessons and more importantly has shaped me into the person I am today. I couldn't thank all my teammates and coaches enough for all they did for me throughout the years. I loved playing for Canfield because it was always my second family. I have made so many memories from playing Canfield basketball and I will forever cherish every single one. My teammates were one of the biggest reasons that playing this sport was so enjoyable and I want to thank them for making this experience so amazing. I want to also thank Coach Reel for helping me build confidence and learn the importance of communication. He pushed me every day to become a better person and a better basketball player. I have learned so much from playing this sport and am so blessed that I was able to be a part of this program.

Ashley will be continuing her academic career at Youngstown State University.

**WHAT LADY CARDS BASKETBALL MEANT TO ME
DIANA MURCKO STUDENT ASSISTANT**

My experience as a Lady Cardinal has been an incredible journey filled with amazing people and memories I'll remember for years to come. Although my basketball career didn't always go the way I expected it to, I found ways to make the most out of every moment of being a Lady Cardinal. I was never the most talented girl in the gym, but I found a way to compete by playing my heart out every day. I worked hard every day of practice and the summer, and found ways to improve what I needed to. Although I was cut as a junior, I found that being a student assistant was a way to still be around the team and the game that I love. I found that I could still be a senior leader and support my team by doing little things that made a difference, like giving high fives during warm-ups and encouraging from the bench. Whether you're playing or on the bench, you're going to face obstacles, so I challenge all of you to find a way past them.

Diana will be continuing her academic career at the University of Akron.

Important Dates

October 26	First Day of Practice
November 28	First Game vs. West Branch
January 9	First League Game @ Harding
February 2	Senior Night
March 14-16	State Tournament

IN REMEMBRANCE

We express our condolences to the family of Coach Bill Wolf, who passed away in the spring. Coach Wolf coached girls basketball at Canfield for 18 years, finishing with a record of 357-69 and 13 conference titles. He led Canfield to back to back state final four appearances. Coach Wolf was a wonderful coach and gentleman who will be missed by all.



Top: 7th/8th grade campers. Second from Top: 4th/5th/6th grade campers Middle Left: Our campers posing for a picture on the last day of camp Middle: 4th/5th/6th 3 on 3 champions with their coach Right: 7th/8th 3 on 3 champions with their coaches Bottom: Our 7th and 8th grade campers working on some drills to improve their "handle" (Summer 2018).

SUMMER GOALS

One extra degree of effort makes all the difference. Improving skills is the most important part of the summer program. Our players were challenged to earn their way into one of two clubs this summer. The goals were as follows:

ELITE CLUB

1. Play 50 1 x 1 Games
2. Play 50 3 x 3 Games
3. Complete 40 ball-handling sessions.
4. Make 3000 shots
5. Attend 80% of open gyms, summer league, shootout, Eastern Ohio camp

212 CLUB

1. Play 50 1 x 1 Games
2. Play 50 3 x 3 Games
3. Complete 50 ball-handling sessions
4. Make 5000 shots
5. Attend 80% of open gyms, summer league, shootout, Eastern Ohio camp

ELITE CLUB

Gianna Flask
Marissa Ieraci

Mia Cayavec
Morgan Carey

Britney Young
Gianna Delucia

212 CLUB

Serena Sammarone 8555 makes
Gabby Demidovich 5585 makes
Ryley Chambers 5110 makes

Aiden Orlovsky 6825 makes
Grace Mangapora 5512 makes



Left: Our middle school players before heading to Eastern Ohio Camp (Summer 2018) Right: The high school team after cutting down the nets to commemorate the league championship (Winter 2018)

2017 SEASON WRAP-UP

Last season was a very successful year for our teams. The 7th grade team, led by Coach Pavlansky, finished with a record of 16-2 and won the league championship. The 8th grade team, led by Coach Harmon, finished with an 18-0 record and defeated Howland to win a league championship. Both teams showed plenty of reasons to be excited about the future of the program. Coach Miller led the 9th grade team to an 5-3 record with a 5-2 AAC record. Coach Scott led the JV team to an 18-2 record which featured an 11-1 AAC record that won the league. The varsity team, coached by Coach Reel, completed a 19-4 season, compiling a 12-0 mark in the AAC which gave them their first conference title in 3 years.

The team success that the Cards had last season allowed several players to earn individual accolades. Jill Baker and Serena Sammarone earned first team all-league honors and Serena was voted player of the year. Serena also earned a third team All-Northeast Ohio district selection. Jill earned a special mention All-Northeast Ohio selection while Grace Mangapora earned all-league second team honors. Other letter winners included McKenna Carey, Emerson Fletcher, Christina Rivera, Ashley Veneroso, Mia Cayavec, Gabby Demidovich, and Chloe Kalina.

DID YOU KNOW?

The 2017-2018 version of the Canfield Lady Cardinals finished 17th in the state in team two-point shooting with a percentage of 45.08%.

Canfield also finished second in the state in combined gold and silver awards in Ohio. This combined measure between girls and boys basketball measures the number of juniors and seniors who carry a 3.2 GPA over their high school careers. Canfield had 19 awards, trailing only Waterford with 20.